

OVERCOMING SHYNESS AROUND WOMEN

Re-write by Rizalde Maasin on Jan.20 2010

To mingle with other people around you most especially dating with Monaliza look alike girls it may be a struggle for some men, but for others it seemingly effortless. So confidence on themselves to draw closer to the woman they like. As you can see, there are beautiful ladies dating with ordinary men.

And have you wonder why other men, dating and hanging around with attractive ladies and catch their attention is just like natural course? They may not be good looking, tall dark and handsome, nor they possessed great riches, but luckily, they were blessed of what we called a plus factor which becomes their advantage to catch the attention of the girl they like.

So then, what drive these men to put behind their timidity that poison the mind of other men? This is what this article "How: Overcome Shyness around Women" will tell you.

The first secret is get over you mind. For the battle start in your mind, the way we assessed ourselves will affect our behavior towards the other people. Every body were equally blessed by God, no one has the advantage with the other. Everyone has the potential to be the best man in the world as he can be, even the less fortunate guy like the skinny guy, fatty guy and bald one who often we found them left behind.

Start declaring positive thing of yourself and stop comparing yourself with the other person, don't look at yourself in them. For the more you do that the more you become inferior to yourself, but rather say to yourself that I AM handsome-and then plus the I CAN attitude. By practicing I AM and I CAN attitude turn your life up side down.

And also create positive impression with women by doing the basic thing or common thing like offering a seat, helping her to cross the street. By all means, show to the woman all form of kindness that they the deserved to have. Then be confident when you talk to the woman by looking to their eyes and having the right body language.

Once you've done this, the level of your confidence in hanging around with beautiful ladies will increase.

The second secret is the way we carry ourselves. Known as proper grooming-this includes; personal hygiene, physical fitness and our total appearance to the public. These things are may be a plus or a minus for men the way the woman looked at us as men. Remember that the first impression last. So during your first date with the woman you like most, give your best shot. For that shot will give her a reason for a second, third and even leads you to a lasting relationship.

Now the last secret is exploits your interest- where you are good at. In other words know your passion. Explore the wonder of life; come out of your cage of comfort and the great- great opportunity is ahead of you. Then and there you will find yourself more interested and even more and more woman got interested in you.